

YOGA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<p>Vinyasa Level 2/3, Temp 94</p> <p>9:15AM Penelope</p>	<p>Vinyasa Level 2/3, Temp 94</p> <p>6:00AM Gina</p>	<p>Vinyasa Level 2/3, Temp 94</p> <p>6:00AM Chris</p>	<p>Vinyasa Level 2/3, Temp 94</p> <p>6:00AM Gina</p>	<p>Gentle Yoga Temp 74</p> <p>7:00AM Gina</p>	<p>Powerlates</p> <p>8:00AM Chris</p>	<p>Gentle Yoga Temp 74</p> <p>8:45AM Gina</p>
	<p>Yin Yoga with Thai Massage</p> <p>10:30AM Eileen</p>	<p>Vinyasa Level 2/3, Temp 84</p> <p>9:00AM Lilly</p>	<p>Sun Sauna Meditation</p> <p>8:00AM Carole</p>	<p>Vinyasa Level 2/3, Temp 94</p> <p>9:00AM Gina</p>	<p>Vinyasa Level 2/3, Temp 94</p> <p>9:15AM Chris</p>	<p>Sun Sauna Meditation</p> <p>8:15AM Carole</p>	<p>Vinyasa Level 2/3, Temp 84</p> <p>10:00AM Gina</p>
		<p>Gentle Yoga Temp 74</p> <p>10:30AM Lilly</p>	<p>Vinyasa Level 2/3, Temp 94</p> <p>9:15AM Gina</p>	<p>Yin Yoga with Thai Massage</p> <p>10:30AM Eileen</p>		<p>Vinyasa Level 2/3, Temp 84</p> <p>8:45AM Maria</p>	
		<p>Vinyasa All Levels</p> <p>4:30PM Ria</p>		<p>Yoga Sculpt Temp 74</p> <p>5:45PM Penelope</p>	<p>Flow & Restore Temp 74</p> <p>4:30PM Rebecca</p>	<p>Gentle Yoga Temp 74</p> <p>10:00AM Marianne</p>	
	<p>Vinyasa Level 2/3, Temp 84</p> <p>6:00PM Maria</p>	<p>Salt Room Meditation</p> <p>5:45PM Carole</p>	<p>Release the Day Temp 74</p> <p>5:45PM Marianne</p>	<p>Restorative Yoga</p> <p>7:00PM Jake</p>			<p>Restorative Yoga</p> <p>5:45PM Eileen</p>